



# Gravity Learning “Ready to Go” Learning Programs and Workshops

Elevate your team with instantly applicable, science-focused professional and managerial skills. **Then, PROVE results with impact and ROI studies.**

## Foundational Manager

All Gravity programs can be customized to your organization

Year **1**

**For:** Managers who haven’t participated in an in-depth Manager Skills program

- Build Strong Foundations: Strategies for Connecting with Your Team
- Setting Clear Expectations and Effective Delegation
- Give and Receive Effective Feedback
- Difficult Performance Conversations
- Managing Team Conflict: Secrets You Can Steal from Professional Conflict Managers
- Coaching and Guided Problem Solving

## Next-Level Modern Manager

All Gravity programs can be customized to your organization

Year **2**

**For:** Managers who are deeply-experienced or ready to take it to the next-level

### Increase Engagement

- Neuroscience of Emotional Intelligence: The Path to Patience
- The Science and Skills of Inclusion for Managers
- Psychological Safety in Action: Skill Building for Inclusive Teams
- The Science of Storytelling
- Presenting with Presence

### Increase Efficiency

- Strategic Thinking and Problem Solving
- Storytelling With Data
- Project Management for Managers
- The Art of Influence

## Career Essentials for Everyone

- Discovery for Success: The Psychology of Fantastic Discovery Meetings
- The Science of Clear and Impactful Writing
- The Science of Storytelling: A Practical Process for Influence and Inspiration
- The Psychology of PowerPoint
- Real World Time Management
- Practical AI



## Results That Speaks for Us



AVE. FACILITATOR RATING: 4.89/5

AVE. ROI: 2.7X

AVE. WORKSHOP RATING: 4.87/5

AVE. NPS: 81 World Class

% RECOMMEND: 99.5%

% APPLIED SKILLS AND SAW VISIBLE IMPACT: 85.8%

## Trusted by Leading Organizations





## Our Clients Speak for Us

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*"Gravity Learning's program resulted in 94% long-term behavior change and 100% of participants recommending it."*

**Carole Streicher**

Partner, National Deal Advisory & Strategy  
Leader, KPMG

*"Gravity's customized training had a lasting impact on our management team, with impressive long-term results."*

**John J. Perry**

Vice President, Applied Research  
Associates, Inc.

*"Gravity delivers the highest-quality learning experiences, backed by research and tailored for our needs."*

**Randi Perry**

Workforce Learning and Development Program Leader, The  
City of San Jose

*"Gravity's engaging, science-based trainings are the backbone of our professional development program."*

**Jessica Gruner**

Learning and Development Design & Delivery,  
Kaiser Permanente

## Our Full Selection of Offerings

**Don't see what you need? Request a consultation to build a bespoke solution**

### Leadership and Management Skills

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- The New Manager: Hit the Ground Running
- Psychological Safety in Action: Skill Building for Inclusive Teams
- Leading Through Change and Ambiguity
- Highly Practical Skills of Meeting Design
- Superstar Facilitation: The Art of Leading Meetings
- Accountability: Getting and Holding
- The Science and Skills of Inclusion
- Coaching and Guided Problem Solving
- Goal Setting: Smarter Than Smart
- Give and Receive Effective Feedback
- Setting Clear Expectations and Effective Delegation
- Difficult Performance Conversations
- The Science of Leadership Presence
- Interviewing for Results: Science-Based Skills for Smarter Hiring
- Strategic Thinking and Problem Solving
- Managing Team Conflict
- Building Strong Foundations: Strategies for Connecting with Your Team
- Career Development Conversations: Retention Starts Here
- Risk Management Basics

## Next-Level Work Skills

Relevant and impactful for AND experience level. It's science-based learning – never “standard” or “basic”


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- Real-World Design Thinking
- Critical Thinking and Complex Problem Solving
- Project Management for Everyone
- Inclusion for Everyone: Awareness Into Action
- Collaboration in a Fast-Paced Environment
- Neuroscience of Emotional Intelligence
- Managing Relationships: Skills for Awareness and Interactions
- Modern Assertive Communication
- Growth Mindset
- The Art of Influence
- Managing Up: Navigate Relationships With Leaders
- Practical AI: Gateway to the Future
- The Science Of Storytelling
- Psychology of PowerPoint
- Storytelling with Data
- Conflict Resolution and De-Escalation
- The Science of Clear and Impactful Writing
- Discovery for Success: The Psychology of Fantastic Discovery Meetings
- Real-World Time Management
- Explaining Complex Ideas: Make Technical Information Clear and Engaging
- Collaboration in a Fast-Paced Environment
- Presenting with Presence



### GET IN TOUCH

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